



## Kayak Race: Bike 13.4 miles, Kayak 1 mile and then run 3 miles.

**Safety:** You must wear a life vest at all times when you are in the kayak.

**Race Start:** You will stand by your bike in transition. I will release one row at a time and you will walk or run your bike out of transition. When you cross the transition exit timing point your number will be chip recorded and your time will start. Proceed to the mount/dismount line, cross it and start the bike course.

**Rockin R Kayak Division:** Kayak will be at the launch point with paddle and life vest . Once you rack your bike, run to the river, put on your life vest then launch. Rockin R will provide the Kayak, paddle and life vest plus transportation of the Kayak back so you need not worry about anything. Cost is \$20.00

**NEW Kayak Open Division:** You provide your own Kayak and logistics. You will need to place your Kayak on the Boat Ramp area next to the River along with your life vest and paddle. Once you complete the race you are responsible to drive to the river exit area and pickup your Kayak. Kayak must be picked up by 11:00am.

You will paddle through 5 sets of rapids, all very nice. Watch out for the rocks and enjoy the beautiful scenery.

You will continue for about one mile and then you will see a highway bridge. You will go around the bridge and then paddle another 250 yds. up to the exit point on the right.

When you reach the exit point, drag your kayak on shore and then start the run. You will run across the Rockin R Property and then cross a grass field onto the back side of the Harley Motorcycle dealership. You will turn left on the pavement and then turn right around the building to Hanz Rd. ( **Stay on the concrete around the Harley building, there will be a motorcycle training course out in the parking lot**). Take a left on Hanz and then proceed across Gruene rd onto the regular run course. A water station will come up shortly. Run around Gruene and then you will follow course back to Rockin R